



Thinking about getting  
**pregnant?**



**Remember to take Folic Acid**  
(400g per day, 1 tablet a day)

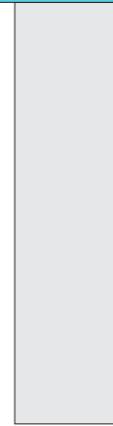
**Ask your Pharmacist**



Thinking about getting  
**pregnant?**



**If you have a positive pregnancy test,**  
see your GP or Midwife  
as soon as possible



**Under 25**  
and thinking of getting  
**pregnant?**



**Get your FREE**  
Pregnancy test and Chlamydia test



Just bring in a urine sample  
and ask your Pharmacist

