

## Signposting:

- National Osteoporosis Society - [www.nos.org.uk](http://www.nos.org.uk)

Main Contact for the South West is **Maureen Morrison**,

**E-mail:** [m.morrison@nos.org.uk](mailto:m.morrison@nos.org.uk)

**Tel:** 01380 828889 (9am to 5pm)

**NOS Support Groups in this Area**  
**Exeter and District NOS Support Group**  
**North Devon NOS Support Group**

- Prodigy PIL website - [www.prodigy.nhs.uk](http://www.prodigy.nhs.uk)
- Age Concern:
  - Age Concern Barnstaple & Dist Assn  
Tel: 01271 324488  
[Email: barnstaple@agecon.fsnet.co.uk](mailto:barnstaple@agecon.fsnet.co.uk)
  - Age Concern Crediton  
Tel: 01363 775008  
[Email: ageconcerncrediton@btopenworld.com](mailto:ageconcerncrediton@btopenworld.com)
  - Age Concern Devon  
Tel: 01392 250085  
[Email: info@ageconcerndevon.co.uk](mailto:info@ageconcerndevon.co.uk)
  - Age Concern Okehampton & Torrington  
Tel: 01837 55838  
[Email: acot@btinternet.com](mailto:acot@btinternet.com)<http://www.acot.org.uk>

## References:

- **Battling Breaking Bones**, Chemist and Druggist May 20<sup>th</sup> 2006  
[www.dotpharmacy.com/up1370.pdf](http://www.dotpharmacy.com/up1370.pdf)
- **Osteoporosis and its prevention**, Pharmaceutical Journal, 2005;275:521-524 (22 October 2005)  
[www.pjonline.com/pdf/cpd/pj\\_20051022\\_osteoporosis01.pdf](http://www.pjonline.com/pdf/cpd/pj_20051022_osteoporosis01.pdf)
- **Osteoporosis and its treatment**, Pharmaceutical Journal, 2005;275:581-584 (5 November 2005)  
[www.pjonline.com/pdf/cpd/pj\\_20051105\\_osteoporosis02.pdf](http://www.pjonline.com/pdf/cpd/pj_20051105_osteoporosis02.pdf)
- **NICE Guidance (full) on Secondary Prevention of Osteoporosis**  
[www.nice.org.uk/guidance/TA87/?c=91524](http://www.nice.org.uk/guidance/TA87/?c=91524)
- **SIGN Guidance on the Management of Osteoporosis** -  
[www.sign.ac.uk/guidelines/fulltext/71/index.html](http://www.sign.ac.uk/guidelines/fulltext/71/index.html)