

Respiratory MURs - Asthma MUR Check List

- Never Smoked tobacco **Patient advised:** "Giving up smoking is the single most important thing you can do to improve your health"
- Current smoker
- Ex Smoker
- Smoking amounts per day
- Trying to give up
- Signposted to smoking cessation services

Inhalers used	Inhaler technique poor/excellent (Grade 1-5 where 1 = poor, 5 = excellent)
1.	
2.	
3.	
4.	
5.	

Inhaled steroids

- Not prescribed
- Not using but should be
- Using at normal dose
- Using at high dose
- Increases/decreases themselves

How often does the patient use their blue inhaler?

- 2-4 puffs/week
- > 2-4 puffs/week

Symptoms

- Asthma never disturbs sleep
- Asthma disturbs sleep weekly
- Asthma disturbs sleep frequently
- Nocturnal cough/wheeze

Exercise

- Asthma never restricts exercise
- Sometimes restricts exercise
- Severely restricts exercise
- Increasing exercise wheeze

Have you been to hospital in the last 12 months because of your asthma? Yes / No

Do you have a self management action plan? Yes / No

Asthma Control Test Score