

## Torbay COPD MUR Check Sheet

For guidance see 'MUR check sheet guide'

### 1) The COPD Assessment Test – CAT Test ([catestonline.org](http://catestonline.org)) – see questions sheet

<i>Total Score</i>
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### 2) Smoking Cessation

Current smoker

<input type="checkbox"/>
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**Smoking cigarettes per day**

Ex Smoker

Trying to give up

Never Smoked tobacco

**Please state the following**

Giving up smoking is the single most important activity to significantly benefit your health.

Signposted to smoking cessation services

### 3) Inhaler Use

Inhalers used	Inhaler technique good/poor Poor 1 to Excellent 5
1.	
2.	
3.	
4.	

### 4) Management Plan

Does the patient have a self management plan for exacerbations

Does that patient have emergency courses of antibiotics and steroids

<input type="checkbox"/>
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What is the patient's BMI? Has the patient lost weight recently?

Has the patient been vaccinated against flu and pneumonia

Has the patient had a recent (less than 3 months) admission to hospital?

NB. Once completed **please send a copy to:** Devon LPC, Deer Park Business Centre, Haldon Hill, Exeter EX6 7XX